



DE-ESCALATION RESOURCES

Below, find resources to help you plan and prepare for a safe event, take security precautions, and mitigate, identify, and de-escalate any potential conflict during the Hands Off! demonstration on April 5.

Find all other resources for Hands Off! at HandsOff2025.com/toolkit.

DOWNLOADABLE RESOURCES

- [Attendee Safety Planning Worksheet](#)
- [Event Leads Safety Planning Worksheet](#)
- [Know Your Rights Protest Cards and Resources from iAmerica](#)
- [Red Cards from the Immigrant Legal Resource Center](#)

VIDEOS TO PREPARE FOR YOUR RALLY

- [Video recording of Hands Off! De-escalation Training](#)

DE-ESCALATION & SAFETY RESOURCES

- [Calming and De-escalation Techniques \[Video\]](#)
- [MoveOn De-escalation Tips](#)
- [Protest Tips from Greenpeace](#)
- [Indivisible's Guide to Safety, Security, and Digital Preparedness for a Second Trump Administration](#)

LEGAL & LOCAL RESOURCES

- [Know Your Rights as a Protester by the ACLU](#)
- [Rise & Resist's Marshal Safety Guide](#)
- [U.S. Protest Law Tracker by International Center for Not-For-Profit Law](#)
- [Protest Laws by State](#)